

BenQ Ergo Arm BSH01

Handles Any Monitor, Any Weight



2 - 22 kg



Max 45"



75*75
100*100
mm



BenQ Ergo Arm offers wide weight capacity from 2 to 20 kg to support your screen, even with a webcam and light bar. It ensures stability, ergonomic comfort, and a clutter-free desk space.



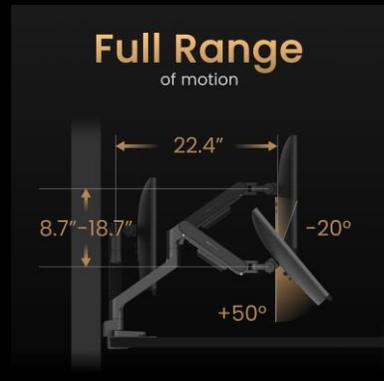
The gas spring ensures steady, long-lasting support for your monitor and additional gear. Its advanced tilt mechanism keeps the screen securely in place, unlike standard locking systems.



Reinforcement Plate prevents desk damage



Top mounting C Clamp or grommet base



Adjust your screen freely for ideal setup



Because it matters

Model Name	BSH01
Arm Dimension (mm)	130 x 573 x 548 mm
Net Weight	4.43 Kg
Fits Screen Size	17" ~ 45"
VESA Compatible	100 x 100, 75 x 75
Weight Capacity (per screen)	2 ~ 20 kg
Extension	Max 568 mm (22.4")
Screen Rotation	180° ~ -180°
Swivel Range	90° ~ -90°
Tilt Range	50° ~ -20°
Fits Desk Thickness	Without reinforcement plates : 17 to 50 mm, With reinforcement plates : 12 to 45 mm
Mounting Option	Grommet, Clamp
Reinforcement Plates	Yes
Cable Management	Yes
Other Accessories	QSG; Warranty Card; Regulation Sheet; Spare Parts